

# Our Lady of Perpetual Help Byzantine Catholic Church



Rev. Paul Varchola West, MFA, M.Div., Administrator  
Rev. Myron M. Badnerosky, Pastor Emeritus

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*Glory to Jesus Christ! Glory Forever!  
Slava Isusu Christu! Slava Na V'iki!*

Contributions - Thank You, OLPH!

February 27th & 28th, 2021	
	Total
Building Fund	\$7.00
Candles	\$36.00
Candle Intention	\$25.00
Fuel	\$51.00
Lent	\$40.00
Regular	\$1050.00
Tithe.ly	\$100.00
<b>Total</b>	<b>\$1309.00</b>
<b>Attendance</b>	<b>38</b>

*Do not neglect  
good deeds and  
generosity, God  
is pleased by  
sacrifices of  
that kind.*

- Hebrews 13:16

## Candle Intentions March 2021

**Diakonik-**

**Proskomidnik-**

**Tetrapod-** In memory of +John and +Marie Barr requested by Kevin and Mary Frances Barr

**Orletsi-**

**Vična Lampa-**

## Bulletin Submissions

Please send submissions for the bulletin to Fr. Paul no later than 12:00PM the Wednesday before you wish for them to appear.

## Liturgical Schedule Week of March 7, 2021

\*Confession every Saturday from 4:30 to 5:00 or by appointment\*

### Saturday March 6th - 3rd Sunday of the Great Fast: Veneration of the Cross

5:00 PM Vigil Divine Liturgy (Tone 7)

Heb 4:14-5:6; Mk 8:34-9:1

❖ For the Parish Family of OLPH

### Sunday March 7th - 3rd Sunday of the Great Fast: Veneration of the Cross

10:00 AM Divine Liturgy (Tone 7)

Heb 4:14-5:6; Mk 8:34-9:1

❖ In loving memory of +Dianna Alliprandini with Panachida requested by Donna Rayner

### Wednesday March 10th - [MID-LENT] Codratus and Other Martyrs

6:30 PM Presanctified Liturgy

Gen 9:18-10:1; Prov 12:23-13:9

### Friday March 12th

7:00 PM Akathist to the Divine Passion

### Saturday March 13th - 4th All Souls Saturday

8:30 AM Divine Liturgy for the Faithful Departed

Heb 6:9-12; 1 Thess 4:13-17

Mk 7:31-37; John 5:24-30

### Saturday March 13th - 4th Sunday of the Great Fast

5:00 PM Vigil Divine Liturgy (Tone 8)

Heb 6:13-20; Mk 9:17-31

❖ For the Parish Family of OLPH

### Sunday March 14th - 4th Sunday of the Great Fast

10:00 AM Divine Liturgy (Tone 8)

Heb 4:14-5:6; Mk 8:34-9:1

❖ In loving memory of +Betty Dubinsky requested by Eileen Avery

## Morning Prayers in the Church

All are welcome to join Father Paul in in the church to pray the

Lenten Midday Office

Tuesdays and Thursdays  
8:00 AM

## Church Cleaning for Pascha

On **Tuesday, March 16, 2021** a group will be meeting in the church to do a little Spring Cleaning before Pascha. **Cleaning will begin at 9am** and will last a few hours. Come for the entire time, or for however long you can. We will have pizza for lunch! Please contact Stephen Macisnsky or Donna Rayner if you plan to attend or if you have any questions.

## Chosen for This Cross: A Desert Pilgrimage

If you struggle with infertility you may feel like you're on a lonely, desert pilgrimage. But you are not alone! During this season of Lent, the Springs in the Desert Team invites you to reflect with us on the Seven Last Words of Jesus during His pilgrimage of suffering. Beginning on Feb. 18, each Thursday evening during Lent we will meet virtually to pray, listen to a reflection on Jesus' words, and build community through small group sharing. This FREE event is a chance to enter more deeply into the Lenten spirit while gathering in prayer with others on this same path. Free registration and more information at [www.springsinthedesert.org](http://www.springsinthedesert.org).

## Virtual Divine Liturgy

Visit [www.facebook.com/OLPHLevittownPA](http://www.facebook.com/OLPHLevittownPA) to join us live or watch archived recordings. You DO NOT need a Facebook account to view the OLPH facebook page.

## Online Tithing

Interested in tithing online? Visit the parish website and click on donate. For more info contact Subdeacon Tim at [twfariss@gmail.com](mailto:twfariss@gmail.com) or 267-751-9492.



## Children's Easter Craft

OLPH will be holding a children's Easter Craft after weekend Divine Liturgies on March 20th and 21st. The children will have the opportunity to begin to learn the time-honored tradition of *Pysanky* in a fun and safe way. They will be able to bring their craft home to help add to the festive spirit of Easter. **Please sign-up on the sheet in the back of the church so that we have supplies for all.** Contact Donna Rayer or Elsie Snyder with any questions.

## Candle Intentions

Candle intentions for the month of March are still available. If you are interested in remembering a loved one with a candle intention, please contact Margaret Churilla.



**Liturgy Intentions** - Available upon request. Please submit a request form with a suggested donation of \$15 per request.

**Candle Intentions** - Available by month. Please submit a request form and suggested donation of \$25 per request.

**Hospital & Home Visitation** - Available upon request.

## Directives for the Great Fast

From the Office of the Bishop

### Fasting Regulations

† All who receive Communion in the Eparchy of Passaic are required to abstain from meat on Wednesdays and Fridays of the Great Fast.

† All adults who receive Communion in the Eparchy of Passaic are required to abstain from meat, eggs, and milk products on the first day of Lent, Monday, February 15, and on Great and Holy Friday, April 2.

† These are the minimum requirements; however, our Tradition is to abstain from meat after Meatfare Sunday and from dairy products after Cheesefare Sunday.

### Dispensation

† Pastors and Administrators may, for a just cause, grant to the individual faithful and to individual families, dispensations or commutations of the fasting rules into other pious practices.

## Father Paul's ECF Corner

Another aspect of the Great Fast that is familiar to all of us is the importance of confessing one's sins in preparation for the Feast of Feasts: The Resurrection of our Lord. Believe it or not, this week marks the mid-way point of the Fast! I know, hard to believe right??? This Sunday, we venerate the Holy Cross as a reminder of not only why we are fasting, but of the great miracle and joy that is to come. Although it was through death and suffering, Christ, and Christ alone, destroyed the power of death and transformed a symbol of shame, fear, and humiliation into a sign of protection and, above all, victory! It is this same Christ, who is One with the Father and the Spirit, who alone forgives sins. As I prayed every Sunday at Matins: "for behold, through the Cross joy has come to the whole world." It is in this very spirit of joy that we fast and confess our sins.

The *Sacrament of Reconciliation* is a gift from God and a visible sign of His mercy. It is not simply a forgiveness of sins, but a literal reconciliation between the individual and God, the individual with the Church community (the Body of Christ), and the individual with one's very self. This is why a regular examination of conscience and confession of sins is so utterly important to a healthy sacramental life in the Church. Customarily, and what I was always familiar with as a child, we are used to long lines for confessions on Good Friday. While there has been an emphasis on confessing one's sins as close to Pascha as possible as to not sin before the Feast, if we look at the services of Holy Week, we see that this manner of thinking is, in a sense, over scrupulous.

On Great and Holy Wednesday we celebrate *Presanctified Divine Liturgy* along with the *Anointing of the Sick (Sacrament of Holy Unction)*. This is a sacrament that ALL are to receive prior to Pascha, whether one is physically "ill" or not. This anointing is for the healing of physical AND spiritual ills. As with any sacrament, it is customary to confess one's sins BEFORE the reception of a sacrament, not after (think of the *Eucharist, Marriage, Ordination*, etc.). This is why I am

encouraging all of you to please come for the *Sacrament of Reconciliation* PRIOR TO HOLY WEDNESDAY (March 31, 2021). I am available to hear confessions at the following times:

Saturdays 4:30-5pm (as always)

Wednesdays before/after *Presanctified*

Fridays before/after the *Akathist*

\*\*\*SPECIAL PENANCE SERVICE MONDAY, MARCH 22nd  
at 7PM\*\*\*

Monday/Tuesday/Wednesday of *Holy Week*

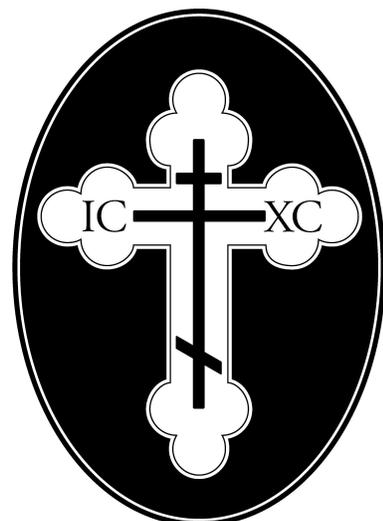
BY APPOINTMENT (as always)

Please make it a point to take the time to have your confession heard prior to Holy Wednesday. Not only will this better prepare us for the commemoration of the *Mystical Supper* on Holy Thursday and the laying of Christ in the Tomb on Good Friday, but it will greatly cut down on the risk of any COVID-19 spreading by reducing standing around in long lines all on the same day.

I am confident that none of us are such horrible sinners that confessing a week or two prior to Pascha will be an issue!!!! :)

God be with you!

Fr. Paul



# OLPH 2021 Lenten Schedule

Tuesdays @ 8 AM: *Lenten Midday Office (Terce-Sext)*

Wednesdays @ 6:30 PM: *Liturgy of the Presanctified Gifts*

Thursdays @ 8 AM: *Lenten Midday Office (Terce-Sext)*

Fridays @ 7 PM: *Akathist to the Divine Passion of Christ*

*All Souls Saturdays: Divine Liturgy @ 8:30 AM*

**2/6 — 2/27 — 3/6 — 3/13 — 5/22**



*Remember us, O Lord, when You come into  
Your kingdom!*